



# OUTDOOR ADVENTURES WITHIN 2026

Join BOEC for a supported summer retreat designed for adults with Parkinson's or MS.

Enjoy five days of adaptive cycling, high ropes course, and whitewater rafting in the pristine mountain setting of Breckenridge, CO.

Based at the Scott Griffith Lodge, your retreat includes lodging, food, specialty equipment, instruction, and 24/7 staff support. Evenings include home cooked meals, sharing stories, and time to relax. You are welcome to bring a friend, family member, or care attendant, if needed. Fun, fellowship, and laughs are included free of charge!



Aug. 15 - Aug. 19



Breckenridge, CO



\$1,000 per person,  
\$450 for buddies

**\*Scholarships may be available**



For More Information:  
970-453-6422 / [caleigh@boec.org](mailto:caleigh@boec.org) / [BOEC.org](http://BOEC.org)



**Spots are limited,  
apply today!**



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## SCHEDULE

**DAY ONE:** Arrival and getting acquainted with others. Afternoon of optional activities such as: hiking, kayaking, fishing, and relaxing.

**DAY TWO:** High ropes course located at BOEC's Wilderness campus.

**DAY THREE:** Whitewater rafting (Upper Colorado River).

**DAY FOUR:** Adaptive cycling at Keystone, Colorado then an afternoon to relax and unwind.

**DAY FIVE:** Departure.

\*Event activities and dates are subject to change.

**This program is available for participants at varying stages of their MS or PD diagnosis. Participant will need to provide their own transportation to Colorado. Transportation to/from Denver may be available for an additional cost.**

**Registration is currently open and applications will be accepted up until one month prior to course start. Applicants will be screened for appropriateness by BOEC upon receipt of a completed application.**



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