



SCI Adaptive Cycle Days



Adaptive Cycle Schedule

Please call 970-453-6422 to book a cycle day.

June 22, 2024

Intro to cycling at Keystone

July 13, 2024

Intro to cycling at Keystone

July 27, 2024

Copper Mountain to Frisco ride

August 10, 2024

Ride around Lake Dillon

September 7, 2024

TBD

September 20-22, 2024

Overnight Lodge Weekend

**BOEC reserves the right to screen all applicants for appropriateness.*

***Event activities and dates are subject to change.*

What: This summer, the Breckenridge Outdoor Education Center (BOEC) is offering adaptive cycling lessons tailored for individuals living with spinal cord injuries. These lessons adapt to suit the abilities of each participant seeking to explore nearby trails and experience the thrill of biking in the mountains. You are welcome to bring a friend, family member, or care attendant, if needed.

Why: Cycling days are open enrollment with a fee of \$25 for a full day group ride and rental, \$50 for individual cycling lesson and rental. Due to a special grant, BOEC is able to offer reduced rates and additional scholarships for individuals living with spinal cord injuries. Space is limited to eight participants. Please contact Claire DiCola at 970-453-6422 or claire@boec.org to register.



Join the BOEC September 20th-22nd for a weekend of paddling, ropes course, and cycling days in scenic Breckenridge, CO. Registration is open for individuals living with spinal cord injuries. Space is limited to seven participants. Please contact Claire DiCola at 970-453-6422 or claire@boec.org to register.

Tentative Schedule for Overnight Lodge Weekend

Sept. 20: 1 PM arrival
Afternoon on ropes course

Sept. 21: Adaptive cycle in Keystone

Sept. 22: Half day paddling
on the Sawmill Reservoir
1 PM departure

Cost: \$450 for weekend camp, scholarships available. There is no charge to bring a friend, family member, or care attendant, if needed. Included in the cost: food, rustic accommodation, all group gear and specialized equipment, transportation during the course, 24-hour instruction and supervision by professional BOEC staff members. Transportation from the greater Denver area can be arranged through BOEC for an additional cost of \$100.