



BOEC COVID-19 General Mitigation Plan and Enrollment Guidelines

The Breckenridge Outdoor Education Center (BOEC) would like to welcome you to your upcoming course. In an effort to prepare and inform you and or your family member for their upcoming adventure, we are asking that you take the time to review this document in its entirety. This document includes essential requirements and details pertaining to how the BOEC is working to manage risks during the COVID-19 pandemic. We are committed to operating our facilities and programs in a manner that provides a safe place for all BOEC staff, participants, and volunteers.

The BOEC is constantly monitoring all federal, state and local regulations to assist us in determining how to operate our programs during the COVID-19 pandemic. As additional information becomes available through governmental agencies, medical authorities, academic institutions and professional industry associations, the policies and procedures will be updated. Staff and volunteers will be trained on policies and procedures as they evolve.

COVID-19 Risk Factors

According to the Federal Government the high-risk factors include age (60+) and underlying health conditions, including cardiovascular or respiratory issues, severe obesity (body mass index [BMI] of 40 or higher), chronic kidney disease undergoing dialysis, liver disease, and those who are immunocompromised due to cancer treatment, smoking, bone marrow or organ transplantation, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications. Residing in a congregate care facility may compound existing individual risk factors.

In addition, while disability alone may not be related to a higher risk for contracting COVID-19 or having severe illness, individuals with limited mobility or who cannot avoid coming into close contact with others, those who have trouble practicing preventative measures such as hand washing and social distancing, and those who may not be able to communicate symptoms of illness may be at higher risk of becoming infected or having unrecognized illness.

BOEC reserves the right to screen all participants for eligibility in overnight programming. For those who are at higher risk for severe illness from COVID-19 as defined by the [Centers for Disease Control \(CDC\)](https://www.cdc.gov/), please carefully consider, in conjunction with your healthcare provider, whether to attend a BOEC program at this time.



Expectations

As of May 1st, 2022, BOEC will strenuously encourage all participants to be fully vaccinated for COVID-19 in order to participate in any BOEC program. BOEC staff and volunteers are required to be fully vaccinated.

Covid-19 Vaccination general information:

- Fully Vaccinated Against Covid-19:
 - An individual is fully vaccinated against Covid-19 two weeks after they have received the second dose in a two-dose series of a Covid-19 vaccine (Pfizer BioNTech or Moderna) or two weeks after they have received a single-dose Covid-19 vaccine (Johnson & Johnson).
 - Only vaccines currently authorized in the U.S. for emergency use, licensed or approved by FDA will be accepted by BOEC.
- Proof of Vaccination, if you have it, should be submitted to the BOEC *before* participation in multi-day programming.
- Please email a copy of your vaccination card to claire@boec.org or download a copy of your card to your personal profile on the BOEC database.
- Acceptable Proof of Vaccination includes CDC Covid-19 Vaccination Record Card or acceptable, clear photo of card.

Exemption from Vaccine Requirement:

- BOEC will deal with any exemption requests on a case by case basis.
 - BOEC will refer to the Colorado State's website on reasonable accommodation for medical exemptions.
 - Participant must submit a letter from your primary physician confirming you are not able to be vaccinated due to a medical consideration. Must include the physician's contact information.

Leading up to your BOEC program it is critical that you exercise extra caution to reduce your risk of exposure to anyone who could be infected with COVID-19 and that you monitor you and your family for any symptoms. If you are sick, or someone you have close contact with is sick, be conservative in your approach. Think of the greater community. If we are traveling into a wilderness setting, evacuation may take multiple days or may not even be an option.

**Do not travel to the BOEC if you have COVID-19 symptoms (cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, or new loss of taste or smell), have in the past 14 days been in close contact with someone suspected or confirmed as having COVID-19, or if you are confirmed or suspected as having COVID-19 in the past 14 days.*



Additionally, we expect the following:

- Anyone attending our programs must be able to properly wear an appropriate facial covering when asked to do so. We may ask for mask use in some areas depending on the prevalence of COVID-19.
- Any student or approved assistant must pass a symptom and exposure screening at the entrance of any BOEC program facility.
- Inform us of any COVID-19 symptoms you experience before, during, or after your program or if you have tested positive for COVID-19 within 14 days prior to your program or within 5 days after the final day of your BOEC program.

Before Your Program

Take steps to limit your exposure to COVID-19 for 14 days prior to your program:

- Physical distancing.
- Frequent hand washing.
- Monitoring for COVID-19 symptoms.

While Traveling to BOEC

- Wash your hands often.
- Avoid touching your eyes, nose, and mouth.
- Keep social distance from others.
- Wear a mask when in public.
- Carry and use sanitizing wipes to clean surfaces you come in contact with.
- Cover coughs and sneezes.
- Avoid dine-in restaurants.

During your program you can expect

- All students will be required to pass the COVID-19 symptom screening process before being able to join your program.
- Daily Health Screenings.
- Face Coverings to be required whenever applicable.
- Practice physical distancing of at least 6 feet whenever possible.
- Smaller group sizes and cohorts for activities.
- Personal gear will be assigned for the whole trip, clearly marked and distinguishable from others (PFD, helmet, dry bags, tent, sleep, sleeping pad, etc.).



- Strict Hygiene Standards, we will continually be cleaning and sanitizing high touch surfaces.
- Frequent handwashing and or sanitizing when hand washing is not available.

Food Service Protocols

When packing, preparing, or otherwise handling food or beverages, staff will adhere to applicable local, state, and federal food handling requirements. All prepping surfaces will be disinfected with wipes or disinfectant spray pre and post prep.

Staff Training

Staff training will include BOEC's regular policy and procedures on all activities as well as special training on COVID-19 guidelines. Those guidelines will then be taught to each student.

Patient Care & Management for Participant or Staff with Positive Symptoms

Camping or on the River

- The symptomatic person will immediately be physically distanced (at least six feet) from others and required to wear a KN95 mask for the remainder of the trip without question.
- Family members and friends who are within the household with the person who displayed positive symptoms will also be placed on a separate raft or away from other campers and required to wear a KN 95 face covering.
- We will consult with local agencies on availability and justification for evacuation. If this is not feasible, they will be isolated from others for the remainder of the trip.
- Each mobile program will carry a COVID-19 PPE Kit. This kit contains resources to be used in an incident where there is someone showing signs and symptoms that could possibly be COVID-19.
- One liaison (guide or a caregiver) will be identified to interface with this person to provide care.
 - While treating someone on the trip who is symptomatic, liaison will wear a KN95 mask.
- BOEC staff will follow EMS/WFR protocols and provide appropriate medical treatment—monitoring temperature, oxygen saturation with pulse oximeter if available, and vital signs.
- Testing for COVID-19 will be performed at the earliest opportunity and BOEC will notify the appropriate agencies along with all staff and other participants on the program of the results. Confidentiality will be maintained by using generic terms to describe a “participant” who has a confirmed (negative or positive) test.

If you would like greater detail of our COVID mitigation plan please review our [BOEC Operations Manual](#) [COVID-19 Response Manual](#). Furthermore, we encourage you to contact our Wilderness office with any questions/concerns around eligibility or these guidelines. Our office number is 970-453-6422 or email our Admissions Director at: claire@boec.org.