

## BRECKENRIDGE OUTDOOR EDUCATION CENTER ADULT AND YOUTH ADVENTURE PROGRAMS

The BOEC is committed to providing quality outdoor education to people of all abilities. Within this framework there are physical and legal guidelines the BOEC must follow to ensure the best experience for its students while remaining within the “standards of the industry.” The following guidelines are presented as an aid in determining the appropriateness of a prospective BOEC student.

Prospective students interested in BOEC Adventure Programs must consider that these programs are designed as adventure based education. Challenges will be presented due to the fact that the format is adventure based. Adventure is understood to contain elements of unpredictability and require effort. It does not translate into ease and comfort at every turn. These courses will be challenging both physically and mentally while remaining true to the BOEC’s stated agendas of; safety first and challenge by choice.

### MEDICATION:

The BOEC does not administer medication to its students. We will assist with storage, prompting and counting of routine oral medication only. Routine oral medication is defined as any oral medication that the student has been taking long enough for dosage stabilization and side effect identification. BOEC will not alter any oral medication (E.G.: cut, break or crush pills). Prospective students requiring help with their medications must provide a care provider who will be responsible for the student’s medication.

### PERSONAL CARE:

Potential students on BOEC courses must be able to perform the following tasks or be accompanied by a personal care provider (supplied by the student): **Dress and eat without assistance, perform all aspects of personal hygiene (toileting, meds, washing, teeth, etc.).** Note: A “personal care provider” is defined as a person who accompanies a student on the program and assists the student with all necessary daily living skills. Personal care providers are supplied **by the student** at a reduced tuition rate.

### MOBILITY:

BOEC Youth/Adult Adventure Programs are designed for people of all abilities. Programs have varying levels of challenge and commitment; therefore program planning will take into consideration aspects such as mobility and fatigue challenges on an individual level. Students interested water based programs must be able to wear a personal flotation device (PFD). Some prospective students may be unable to fit into a BOEC supplied PFD. Federal and state laws require that PFD’s be worn on BOEC’s water trips.

Any student on a BOEC program must be able to perform the following tasks or be accompanied by a personal care provider to be supplied by the student: **Sit up from a supine position on the ground, move from a sitting position on the ground to a chair if one is needed and transfer unassisted.**

### BEHAVIOR:

The BOEC requires that all students be voluntarily involved in our programs. Guardians for or individuals who exhibit self-destructive or abusive behaviors should carefully consider the appropriateness of a BOEC program. All students must be willing and able to follow directions. Those requiring constant supervision must provide and be accompanied by a personal care provider, at their cost. The BOEC reserves the right to screen all applicants for their appropriateness on our programs.